

Program Review Committee Report Student Recreation and Wellness Center Spring 2009

Mission

The mission of the Student Recreation and Wellness Center (SRWC) is “to enrich the quality of life by promoting and offering opportunities for physical and mental growth as well as social interaction in healthy surroundings and superior recreational facilities.” This mission is consistent with the mission of the University.

Unit Description

The SRWC is made up of a very small professional unit (only 4 FTE) but is supported by a base of student employees. Their responsibilities include offering informal student recreation as well as exercises classes taught by fellow Washburn Students. The SRWC is also responsible for organizing intramural sports and monitoring the use of the climbing wall. The overall goal is to improve the wellness of both students and university employees through several wellness programs that are offered.

Success in Meeting Previous Goals and Objectives

This is the first program review for the SRWC.

Historical Data

The standard historical data regarding expenditures, staffing, and students use of the SRWC was provided. After the initial year, there was a surge of use which has slowly decreased; however, the decrease also may be due to decreasing enrollment.

Acquisition, Discovery, Application of Knowledge

The SRWC offers its student employees learning experience in a business environment. They encourage the student staff to manage all day-to-day activities. The professional staff is continually attending conferences and all have special certifications beyond their degrees.

Engagement and Services

The SRWC is actively involved in both employee and student wellness. The Employee Wellness Committee (EWC) has become an advisory group to the Director. The SRWC also plays a part in the recruitment and retention of students. Many members of the staff are involved in several campus-wide initiatives as well.

Unit Strengths, Weaknesses and Status

The SRWC lists its strengths as effectively operating a new facility, creating a recreation center, developing programs responsive to the needs of students and staff, providing high quality equipment for use, the low fee incorporated with tuition, and the student/professional staff retention. The acknowledged weaknesses are the size of the facility, limited access to non-students, inability to play all intramural sports on campus, and poor sportsmanship and forfeit rates within the intramural program. In 2006, the SRCW was nationally recognized as an Outstanding Sports Facility.

Unit Summary

The facility opened in 2004-2005 and has been improving since then. There has been no turnover in professional staff which has helped the SRWC grow. Programs are continuing to expand and SRWC is beginning to hit a point of consistency. The SWRC staff want to remain active and ahead of future trends, as well as looking for new ways to market to the Washburn community.

Future Goals, Objectives, and Assessment Methods

Future goals are to assess the impact of the SRWC on recruitment, retention, satisfaction, and learning outcomes. Another goal is to assist Washburn in being recognized as a “Well Workplace.”

Proposals for Change

The SWRC staff identifies potential changes in access, moving all intramurals on campus, and exploring options of expanding. To do this, they are considering offering memberships to spouses of employees to the SRWC, finding a way to move softball on campus, and developing a plan for an outdoor recreation space.

Program Rating: Operating at an acceptable level.

Recommended Action:

Continue at current level of activity and resources.

Commendation:

The program review board appreciates the measures the SRWC is taking to combat the problems of sportsmanship. Although poor sportsmanship was listed as a weakness, it seems to be a societal program and should be recognized more as a challenge.